



2014 Annual Report

River City Food Bank

Because no one should be hungry

River City Food Bank alleviates hunger in Sacramento by providing its clients with healthy food, offering nutritional cooking classes, responding to the hunger needs of its client base, recruiting the world's best volunteers, and developing strong community partnerships.

Food Donated in 2014

Impact by the Numbers

Number of people served: 88,762

- Children: 24,164
- Seniors: 14,169
- Adults: 50,429

Pounds of food distributed:
2,061,607

Number volunteer hours
donated: 17,850*

*at minimum wage, this equates
to \$151,004



- **Growing Circle:** 10,358 lbs. Thank you to the many farmers and gardeners who donated food they grew.
- **Giving Fresh:** 11,958 lbs. Thank you to those of you who shop at the Wednesday Farmers' Market at Cesar Chavez Park and donate fresh produce.
- **Holiday Food Drives:** 60 food drives resulted in 14,565 lbs. of food donated and delivered to River City Food Bank. Thank you!

Program Spotlight

Most Important Meal (MIM)

In the fall of 2014, the River City Food Bank [RCFB] established a new program to address hunger in one of the fastest growing demographics in our country—senior citizens. AARP states that since 2011 and continuing into 2029, 10,000 Baby Boomers will turn 65 every day. Yet, alarmingly, research shows that 9 million senior citizens over the age of 65 currently live below the poverty line. The face of poverty is changing, and we see it every day at River City Food Bank.

It was with this awareness that Most Important Meal, or MIM was launched. We considered the number of senior citizens visiting us daily and wondered, how many couldn't get to the food bank? Lack of transportation, disabilities, illness, and many other barriers, seriously complicate seniors' access to healthy food. The MIM program was designed to address these barriers by delivering 90 bags, containing a week's supply of healthy breakfast foods, directly to Sacramento-area seniors.

It was through the generosity of our donors, volunteers, and community partners like Sierra Health Foundation, Teichert Foundation, PASCO, Sutter Health, and Ray Stone Senior Living that MIM was created. We would like to say "Thank you!" to all of you who gave this program a successful start!



Our Work

River City Food Bank is the oldest, continuously serving food bank in Sacramento. We are open five days a week, 3.5 hours each day. We offer several programs designed to address the varying hunger needs of our clients:

- **Emergency Food Aid:** Providing families with a three-day supply of nutritional food.
- **BackSnacks:** Filling backpacks of hungry children in Sacramento-area schools to help them eat healthy on weekends.
- **Cooking and Nutrition Classes:** In collaboration with Cares Community Health and Sacramento Natural Foods Co-op, monthly cooking and nutrition classes teach our clients, using common food closet staples and seasonal fruits and vegetables.
- **Most Important Meal (MIM):** Providing low-income seniors with a one week supply of healthy breakfast foods. See spotlight program on reverse side for a more in-depth look at this program.
- **CalFresh Outreach:** Employing a full-time CalFresh outreach coordinator and a part-time assistant to reach out to Sacramento-area and RCFB families, and individuals in need, and assist them with the CalFresh application process.



Community Partner Spotlight

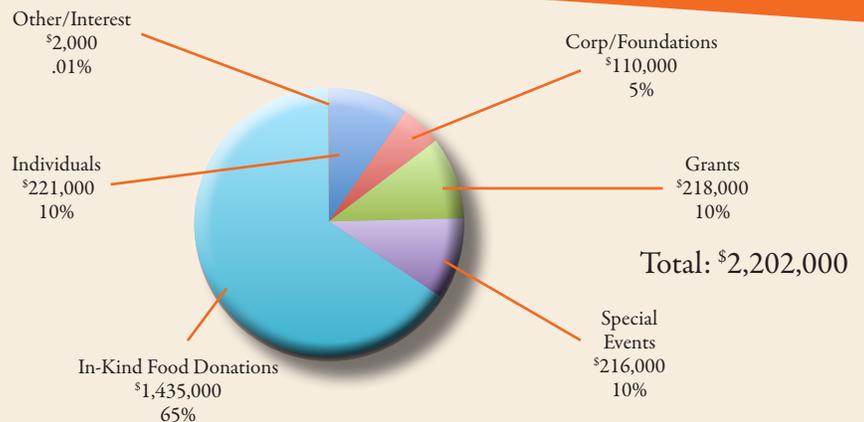
Strong partnerships are at the core of River City Food Bank's ability to make a difference in the community. RCFB has been working with Cares Community Health since 2005, when together we developed the monthly "Fun with Food" cooking/nutrition class. The goal then, as it is today, is to help clients incorporate more seasonal fruits and vegetables in their daily diets. The classes, held on-site at the Cares Community Health building, made more food-insecure patients aware of how RCFB could help them acquire more healthy food, which is an important component on their road to wellness. However, some patients were too sick to make the trip to RCFB, so the Healthy Bags program was launched. Since 2012, RCFB has delivered healthy bags of food weekly to Cares Community Health to distribute to patients unable to travel to the food bank. We are proud of our partnership with Cares Community Health and helping the medically fragile in our community.

Our Volunteers



With a staff of just 8 fulltime employees, River City Food Bank relies on the generosity of nearly 100 volunteers to distribute food to the 7,000+ individuals served monthly. Our volunteers sort, organize, bag up, and distribute, 8,000 lbs of food every weekday from 11:30-3. They always flash the first smile a client sees when coming into the food bank, and the last smile when they leave.

Annual Operating Revenue



Our Financials

Annual Operating Expenses



We Would Love to Hear from You!

www.rivercityfoodbank.org

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To stay up to date on all that is happening at RCFB, "like" us on Facebook and follow us on Twitter and Instagram.   