

With nearly 50 yrs. of serving healthy food to those in need in Sacramento County, River City Food Bank was created by the community for the community. **The core values that guide our work are as sincere as they are simple: Dignity, Respect, Compassion, Health, Nutrition**

110,619

PEOPLE WERE SERVED

48,399 were children
17,920 were seniors
44,300 were adults

1,826,297

POUNDS OF FOOD DISTRIBUTED

27,384*

VOLUNTEER HOURS

*at minimum wage, this equates to \$270,384 in donated time.

FOOD DONATED IN 2017

Growing Circle: Celebrating the many green thumbs in our community, we thank the generosity of our local farmers and gardeners who donated **10,214 pounds of produce** from their gardens.

Giving Fresh: To enjoy the seasonal bounty of produce our region offers, you don't need to travel farther than the Wednesday Farmers' Market at Cesar Chavez Plaza. RCFB benefited from shoppers who purchased **7,851 pounds of fresh fruits and vegetables** to donate to River City Food Bank.

Annual Food Drives: RCFB was the grateful recipient of nearly **19,000 pounds of donated food** through local food drives hosted throughout the year by local businesses.



OUR WORK IN THE COMMUNITY

River City Food Bank alleviates hunger in Sacramento County, regardless of zip code. We are Sacramento's oldest, continuously serving food bank, providing healthy emergency food and other assistance since 1968. We offer referrals and promote self-sufficiency through a variety of programs. From seniors to children, the homeless to the working poor, those who are medically fragile and veterans, we assist all struggling individuals in Sacramento County. **In 2017 we served our guests through multiple distribution and service channels:**

 **Emergency Food Aid:** Providing a three-five day supply of nutritional food to low-income individuals and families within Sacramento County.

 **BackSnacks:** Filling backpacks of low-income children in eight Sacramento schools to help them eat healthy at breakfast, after school, and on weekends.

 **Cooking and Nutrition Classes:** In collaboration with One Community Health and Sacramento Natural Foods Co-op, monthly cooking and nutrition classes for RCFB clients.

 **Most Important Meal (MIM):** Delivering a one-week supply of healthy breakfast foods, three times monthly, to low-income seniors.

 **CalFresh Outreach:** Employing a full-time CalFresh outreach director and a full-time assistant to assist with the CalFresh application process.

 **The Center at St. Matthew's:** RCFB's newest food distribution site located in Arden Arcade to benefit a population with little access to fresh and healthy food.

YOUR GIFTS AT WORK

River City Food Bank relies on the generosity of our community to support our work, which helps us reach thousands of hungry individuals every year. In 2017, **over 1,460 donors** cumulatively gifted RCFB **\$1,350,250 in gifts, grants and sponsorships**. Here are just a few of the many gifts RCFB received in 2017:



In 2017 RCFB received one of its most transformational gifts in its nearly 50-year history. **Board member Reverend Mary Hudak** gifted River City Food Bank \$100,000 to support the launch of our second food distribution site in Arden Arcade. Her gift is the largest single gift RCFB has ever received.



Every year River City Food Bank benefits from proceeds raised during community events. One of our favorite events in 2017 was the **Mermaid Promenade** that took place in Old Sacramento.



Longtime RCFB supporter, **Sacramento Region Community Foundation**, provided us with a grant to purchase two straddle stackers to support the October 2017 launch of our food distribution site at the Center at St. Matthew's.

COMMUNITY PARTNER SPOTLIGHT

Each year, River City Food Bank partners with dozens of local organizations and schools to host volunteer groups. We are so grateful for these extra hands to assist us in every aspect of our daily operations. Whether they are sorting food, welcoming our guests, preparing for the day or cleaning up at the end, we would like to thank these wonderful partners for fostering a culture of community activism in our neighborhoods.



PROGRAM SPOTLIGHT: CALFRESH

River City Food Bank has long recognized that an individual's (or family's) path to self-sufficiency is more than the 3-5 day supply of food we provide them. While our mission is to feed the hungry individuals who visit us, we feel it's critical to provide those who ask with additional resources (i.e. a next step) to help them get the kind of additional assistance they need, whether it's shelter, a hot meal, a clothes closet, or more food to sustain themselves through the month.

One of the direct services we do offer our guests is assistance in applying for CalFresh, a program once known as food stamps. When an individual or family receives funding through the CalFresh program, they are able to augment the 3-5 day supply of food they receive at RCFB with EBT benefits to purchase additional groceries throughout the month. The ability to grocery shop and select the foods our guests enjoy cooking and eating aligns with RCFB core values: Dignity, Respect, Compassion, Nutrition, Health.

RCFB's CalFresh department is comprised of two full time staff members, Amy Dierlam and Maritza Alcantara. They prescreen households for CalFresh eligibility then help them apply online. Finally, they submit any follow-up paperwork that's needed to successfully finish the process. **In 2017 alone, they helped to secure CalFresh benefits for over 1,723 households in Sacramento County.**

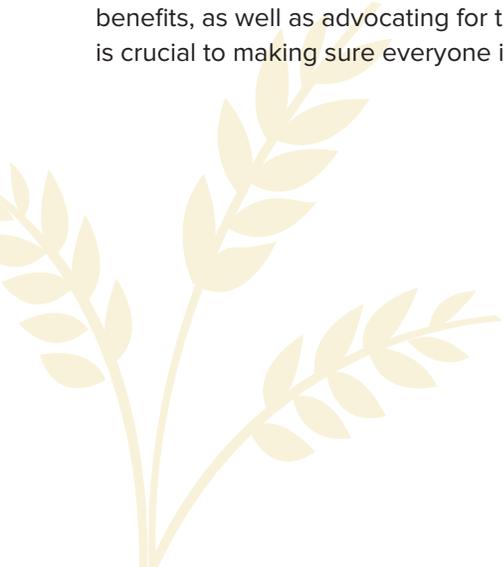
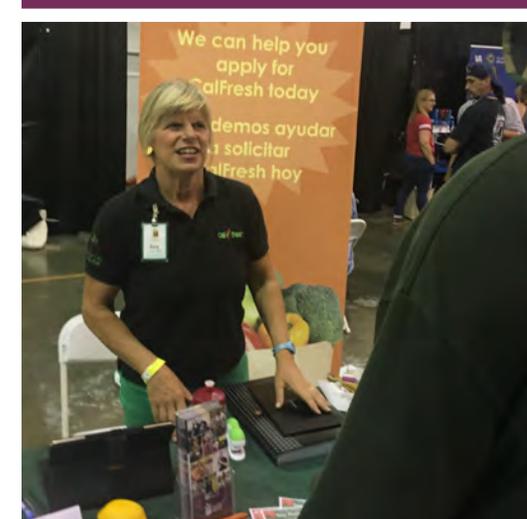
In addition to serving the guests who visit RCFB each day, our CalFresh staff actively outreaches to vulnerable populations in the greater Sacramento area who may be experiencing hunger and are eligible for CalFresh benefits but may not know it. To reach these people, our CalFresh staff regularly visits sites such as WIC offices, senior centers and senior housing complexes, transitional foster youth agencies – (ages 18-21), college students on the American River College campus, AmeriCorps members and veterans.

But they don't stop there. Our CalFresh staff plays a vital role on several anti-hunger boards/commissions in the County. They host and facilitate the Sacramento Hunger Coalition's CalFresh Advocacy Task Force; they are members of the Sacramento Food Policy's CalFresh Committee; and they serve on additional state committees, including California Association of Food Banks, to enhance and improve the application process for clients.

Our role in assisting Sacramento County households with CalFresh benefits, as well as advocating for the needs of this hungry population, is crucial to making sure everyone is fed!



For every \$1 spent in CalFresh, an estimated \$1.79 is generated back into the community.



VOLUNTEERS

River City Food Bank relies on the generosity of over 120 regular volunteers to keep our day-to-day operations running smoothly. The volunteer smiles are typically the first our clients see when they arrive and the last when they leave. A friendly face and a willingness to make a difference in our community are so appreciated by our clients, and all of us at River City Food Bank. Thank you!

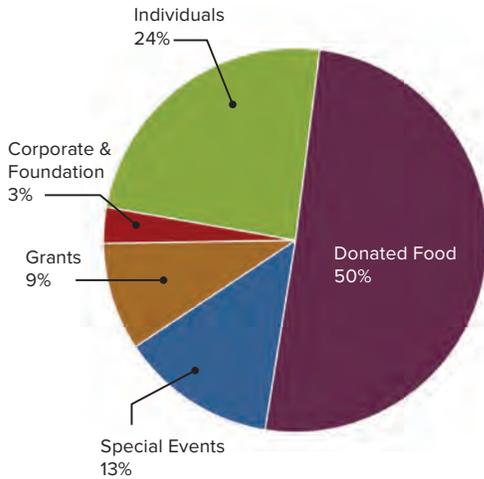


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REGULAR VOLUNTEERS**

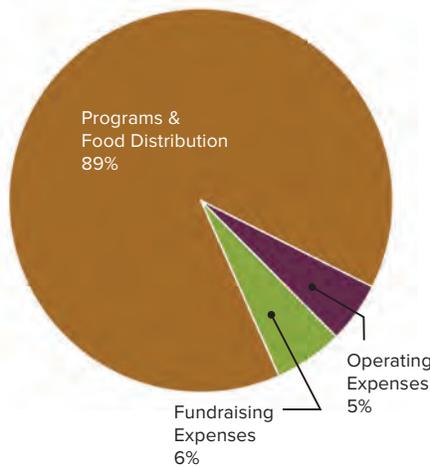


OUR FINANCIALS

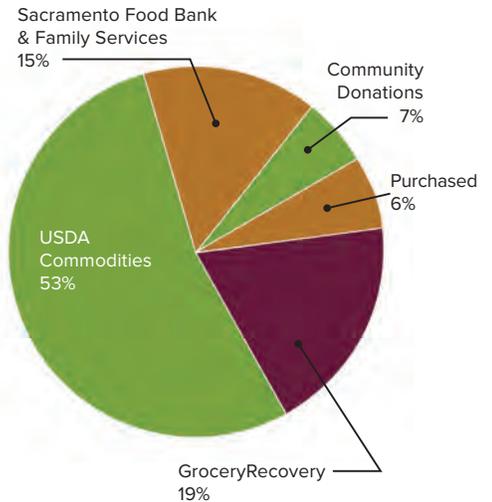
ANNUAL OPERATING REVENUE



ANNUAL OPERATING EXPENSES



2017 FOOD DISTRIBUTION BY SOURCE



WE WOULD LOVE TO HEAR FROM YOU!

Midtown Physical Address:
1800 28th St.
Sacramento, CA 95816

Center at St. Matthew's Physical Address:
2300 Edison Ave.
Sacramento, CA 95821

Mailing Address: P.O. Box 160204, Sacramento, CA 95816
916-446-2627 | www.rivercityfoodbank.org

To stay current on all that is happening at River City Food Bank, "like" us on Facebook and follow us on Instagram and Twitter.



#FIGHTHUNGERTOGETHER